

12 Step Recovery Program to Combat AQUAHOLISM at home

If every on-campus resident reduced their shower time by two minutes for twelve days, UC San Diego would save enough water to fill an olympic-sized pool.

Mandatory water use restrictions effective June 1, 2009
For more info. and saving tips visit www.saveourh2o.org

CONSERVE WATER  **SUSTAIN LIFE**
Commit to save > 100 gallons per week

- 1 Admit you have a problem with wasting water and commit to the 12 Step Recovery Program
- 2 Take 5 minute showers instead of 10 minute showers.
- 3 Keep a bucket in the shower to catch water as it warms or runs; collect and reuse this water to flush toilets, water plants, etc.
- 4 Drink filtered tap water instead of bottled water; cool water by keeping a pitcher of water in the fridge instead of running the tap.
- 5 Run the dishwasher (4-6 gallons / load) and washing machine (10-40 gallons / load) only when full.
- 6 Don't leave faucets running; turn water off while brushing teeth, washing face, drying hands, etc.
- 7 Soak pots and pans instead of allowing the water to run while you scrape them clean.
- 8 Use low-flow toilets and don't use the toilet as a wastebasket.
- 9 Use dry methods instead of a hose to clean outdoor areas.
- 10 Wash cars with a bucket and a hose with a self-closing nozzle, or use a car wash that recycles its water.
- 11 Reduce irrigation watering to 1-2 times per week, between 7pm and 8am. Adjust sprinklers to cover landscape with water, not the sidewalk.
- 12 Fix water leaks and leaky toilets; monitor your water bill

Potential Savings

12.5 gallons / shower

2.5 gallons / minute

2 gallons / week

14-46 gallons / load

8 gallons / minute

2 gallons / minute

1.6-3.5 gallons / flush

13 gallons / minute

13 gallons / minute

75 gallons / week

aquaholics
anonymous

conserve water - sustain life at UC San Diego